

Application Questionnaire

Thank you for applying to the Foundation Degree in Psychodynamic Counselling.

As part of our recruitment process we would like to ask you to fill in this questionnaire. The purpose of this is to ensure your suitability for this particular training. The recruitment process is as follows:

1 Applicants apply online through the Nescot website.

2 Applicants are contacted and asked to complete this questionnaire.

3 Applications are reviewed and ranked according to suitability for the course. Ranking criteria are based on scores given for four categories:

- Academic – fulfilling the course entry criteria (i.e. level 3 counselling or equivalent).
- Psychic maturity – having the emotional capacity to withstand the intense emotional demands of the course and the reflective capacity to think about things in an open-minded psychodynamic way and to be aware of issues of prejudice, oppression, difference and equality.
- Commitment/resource – the financial end time capacity to engage fully to the course.
- Experience – situations in which counselling skills have been used, e.g. Samaritans, mentoring, social work.

4 Applicants who meet the criteria above, based on the application form, are invited for interview. The interview comprises four elements:

- A presentation explaining the course and what is required.
- An individual interview lasting 20 minutes.
- A facilitated group discussion lasting an hour (divided into two parts).
- A written assessment – a series of questions in response to a client case-study (given on the day).

6 The tutors involved in the interview day meet and assess each applicant against the criteria listed in 3 above based on a combination of the application form responses and their performance during the day. If applicants meet the requirements they are offered a place. If more applicants meet the requirements than there are places available the candidates are ranked according to the criteria in 3 and the lowest ones placed on a waiting list.

7 Offers are made (sometimes conditional on achieving success in courses currently being studied).

8 If offers are declined by the applicant a student from the waiting list is offered a place.

9 Contact is made over the summer with successful applicants advising of material to read prior to joining and enrolment details.

When you have completed it please upload it to the application portal. If you have any questions about completing this form or how your information will be used, please contact Mike Broadbent at mbroadbent@nescot.ac.uk.

Question	Your Answer
Name	
What are your reasons for enrolling on the course and what do you hope to get from it?	
What does 'psychodynamic' mean to you?	
Please tell us if you have any relevant experience such as volunteering, looking after an elderly relative, befriending or mentoring?	

<p>Please tell us about any courses (whether counselling related or other) that you have undertaken since leaving school.</p>	
<p>Please summarise any work you have done since leaving school, indicating how you think this experience might contribute to becoming a counsellor.</p>	
<p>What personal values, qualities and skills do you bring that will contribute towards you becoming a good counsellor and what do you feel you need to develop?</p>	

<p>What are your plans for after you complete this course?</p>	
<p>What thought have you given to the emotional, financial and academic demands of the programme, how this will fit into your current work/life commitments and how it will impact your personal life.</p>	
<p>If you have experience of personal therapy please give details and describe how you feel this will contribute towards you becoming a counsellor.</p>	
<p>What has been your greatest failure in life and how did you feel, cope with it?</p>	

<p>Describe the impact (of the failure) on you as a person.</p>	
<p>What would you perhaps do differently next time?</p>	
<p>Describe how you see prejudice and oppression impacting on society and the counselling profession.</p>	
<p>Describe how issues of difference and equality might impact on the counselling profession.</p>	

<p>Please let us know why you think we should give you a place?</p>	
<p>Please tell us if you have any psychiatric history, medical conditions or issues with drugs and/or alcohol.</p>	
<p>Are you aware that a DBS will need to be supplied?</p>	
<p>Other useful information: DBS Medical and Psychiatric history Addiction</p>	
<p>Please add any other comments that you feel would be useful to us. Leave this blank if you think you've covered everything in your answers to the previous questions!</p>	