



Getting more from your course at Nescot

FREE

Additional personal development opportunities for Adult Learners

Welcome to Nescot. We are glad that you have chosen Nescot as your next step to achieve further skills, knowledge and qualifications as part of lifelong learning.

As well as your main qualification (the key reason you have come to Nescot), did you know that you can also take additional modules of study at no additional cost? We believe that providing a rounded education is key to well informed, active citizens. Therefore, we really encourage you to select a few additional modules, to help boost your prospects even further. They are all on-line courses which you can study while at home.

You can select modules around the following themes, which are set at different levels, depending on your starting point.

- ➡ Staying Safe
- ➡ Keeping Healthy
- ➡ British Values and Prevent
- ➡ Employability Study Skills
- ➡ Self Confidence and Awareness

Provided through Learning @ College.

- ➡ Health & Care
- ➡ Teaching and Early Years Development
- ➡ Business, IT and personal Development

Provided by Nescot Distance Learning Dept.

Courses with Learning @ College

FREE



Staying Safe

- Level 1 and 2 Safeguarding Awareness
- Level 1 and Entry Level 3 Combined Safeguarding and IT Safety
- Level 1 and 2 Internet Safety for IT Users
- Level 1, 2 and 3 Exploitation and Extremism

Keeping Healthy

- Level 1 and 2 Substance Misuse
- Level 1 and 2 Health & Safety
- Level 1, 2 and 3 Healthy Living/Lifestyles
- Level 1 Sexual Health Awareness

Respect for others including Fundamental British Values and Prevent

- Level 1, 2 and 3 Understanding Prevent
- Level 1, 2 and 3 Fundamental British Values
- Level 1 and 2 Equality & Diversity

Employability

- Level 1 Skills for Work course topics:
 - business and customer awareness
 - problem-solving at work
 - working in a team
 - how to keep improving
 - presenting information
 - setting yourself targets
 - handing information at work
 - job and training search skills
 - job application skills
 - interview skills
- Level 1, 2 and 3 CV Building
- Level 1, 2 and 3 Interview Techniques

Study Skills

- Level 1, 2 and 3 Effective Study Skills
- Level 2 and 3 Plagiarism and Referencing
- Level 1, 2 and 3 Digital Literacy
- Level 1 Note-Taking Skills for Students



To find out more and complete any of the above courses, please visit the **LRC website**

Courses with Nescot Distance Learning

FREE

Health & Care

- Allergy Awareness – Level 2 NCFE Certificate
- Awareness of Mental Health Problems – Level 2 NCFE Certificate
- Bullying in Children and Young People – Level 2 Certificate
- Cancer Support – Level 2 Certificate
- Common Childhood Illnesses – Level 2 CACHE Certificate
- Counselling Skills – TQUK Level 2 Certificate
- New: Counselling Skills – NCFE Level 3 Diploma
- Diploma in Care – Level 2
- Health and Social Care, Introduction – Level 1 Award
- Health & Social Care – Level 3 Diploma (£875)
- Improving Personal Exercise, Health & Nutrition – Level 2 NCFE Certificate
- Living in a Fair & Diverse Society – TQUK Level 2 Certificate
- Mental Health First Aid and Mental Health Advocacy in the Workplace – Level 2 Cert.
- Nescot Care Certificate – A four course package
- Preparing to Work in Adult Social Care – Level 2 NCFE Certificate
- Principles of Dementia Care – Level 2 NCFE Certificate
- Principles of End of Life Care – NCFE Level 2 Certificate
- Principles of the Prevention and Control of Infection in Health Care Settings – NCFE Level 2 Certificate
- Principles of Working with Individuals with Learning Disabilities – NCFE Level 2 Certificate
- Self Harm & Suicide Awareness – TQUK Level 2 Certificate
- Understanding Autism – Level 2 CACHE Certificate

- Understanding Behaviour that Challenges – Level 2 CACHE Certificate
- Understanding Dignity and Safeguarding in Adult Health and Social Care – NCFE Level 2 Certificate
- Understanding Nutrition and Health – TQUK Level 2 Certificate
- Understanding the Care and Management of Diabetes – NCFE Level 2 Certificate
- Understanding the Safe Handling of Medicines – Level 2 NCFE Certificate

Teaching and early years

- Introducing Caring for Children and Young People – CACHE Level 2 Certificate
- Adverse Childhood Experiences – Level 2 Certificate
- Bullying in Children and Young People – Level 2 Certificate
- Common Childhood Illnesses – Level 2 CACHE Certificate
- Dyslexia & Specific Learning Difficulties – Level 2 NCFE Certificate
- Learning Support Assistant – Level 2 Certificate
- Living in a Fair & Diverse Society – TQUK Level 2 Certificate
- Principles of Working with Individuals with Learning Disabilities – NCFE Level 2 Certificate
- Skills for Working in the Children's and Young People's Sector – Level 3 (£875)
- Support Work in Schools & Colleges – Level 2 NCFE Award
- Supporting Teaching and Learning – NCFE Level 2 Certificate



- Supporting Teaching & Learning – Level 3 Certificate (£875)
- Understanding Children & Young People's Mental Health – CACHE Certificate Level 2
- Safeguarding in Childcare and Education Settings – Level 1 Certificate
- Special Educational Needs & Disability – Level 2 Certificate
- Understanding Safeguarding and Prevent – CACHE Level 2
- Award in Education and Training – Level 3 NCFE Award (Cost £410)

Business, IT and professional development

- Managing Your Money – Level 1 NCFE Award
- Coaching & Mentoring – CMI Level 3 (£514)
- Creating a Business Start Up – NCFE Level 2 Certificate
- Customer Service Certificate – Level 2 NCFE
- Cyber Security (Principles) – Level 2 Certificate
- Data Protection and Data Security – NCFE Level 2 Certificate
- Digital Marketing – Level 2 TQUK
- Equality & Diversity – NCFE Level 2 Certificate
- Event Planning – Level 2 Certificate
- Excellence in Customer Service for Hospitality – NCFE Level 2 Certificate
- Information Advice & Guidance – NCFE Level 2 Certificate
- Leadership and Management – CMI Diploma Level 3 (£724)
- Lean Organisation Management – Level 2 NCFE Certificate
- Living in a Fair & Diverse Society – TQUK Level 2 Certificate
- Mentoring – Level 2 NCFE Award
- Principles of Business Administration – Level 2 NCFE Certificate
- Principles of Marketing – Level 2 TQUK Certificate
- Principles of Team Leading – Level 2 NCFE Certificate
- Principles of Warehousing and Storage – Level 2 Award
- Skills for Business with Project Management – Level 2 Diploma
- Understanding Behaviour that Challenges – Level 2 CACHE Certificate
- Workplace Violence and Harassment – Level 2 NCFE Certificate
- Get Connected Online Course – Basic computing skills
- Linux Essentials – Online Course
- Programming Essentials in Python – Online Course
- Packet Tracer Network Simulation – Online Course
- Assessing Vocational Achievement – NCFE Level 3 Certificate
- Assessing Vocationally Related Achievement – NCFE Level 3 Award
- Leading the Internal Quality Assurance of Assessment Processes and Practice – NCFE Level 4 Certificate
- Internal Quality Assurance of Assessment Processes and Practice – NCFE Level 4 Award

To find out more and register for any of these courses, please go to <https://nescotdistancelearning.com/>

Higher education students – you also have access to online modules relevant to your programme provided by Coursera: <https://www.coursera.org/>

Access to these courses is via your tutor.

For more information look at the **Careers** section on our website