

# Getting you ready for Nescot

# PERFORMING ARTS THE 30 DAY CHALLENGE

Welcome to Forge Theatre at Nescot College; We look forward to welcoming you as an ensemble member on one of our performing arts course's starting this September.

To help get to know you a little and prepare you for your training we have set up a 30 day challenge. Each day holds a different challenge to help us to get to know you and your interests please submit the daily challenge tagging @forgetheatre and #Nescotcollege.

The tasks allow you to start to develop some of the foundation skills you will need in your first time submit these via email to performingarts@nescot.ac.uk

We cant wait to meet you all at enrolment any questions DM us on any of our social media platforms and one our practitioners will get back to you.

Good luck!!

The Performing Arts Team.

\*See the glossary for definitions

## Key Word Glossary –

**Critique** – a report of something such as a political situation or system, or a person's work or ideas, that examines it and provides a judgment.

**Bio** – (Biography) the life story of a person written by someone else.

**Synopsis** – a short description of the contents of something such as a film or book.

**Review** - to think or talk about something again, in order to make changes to it or to make a decision about it.



